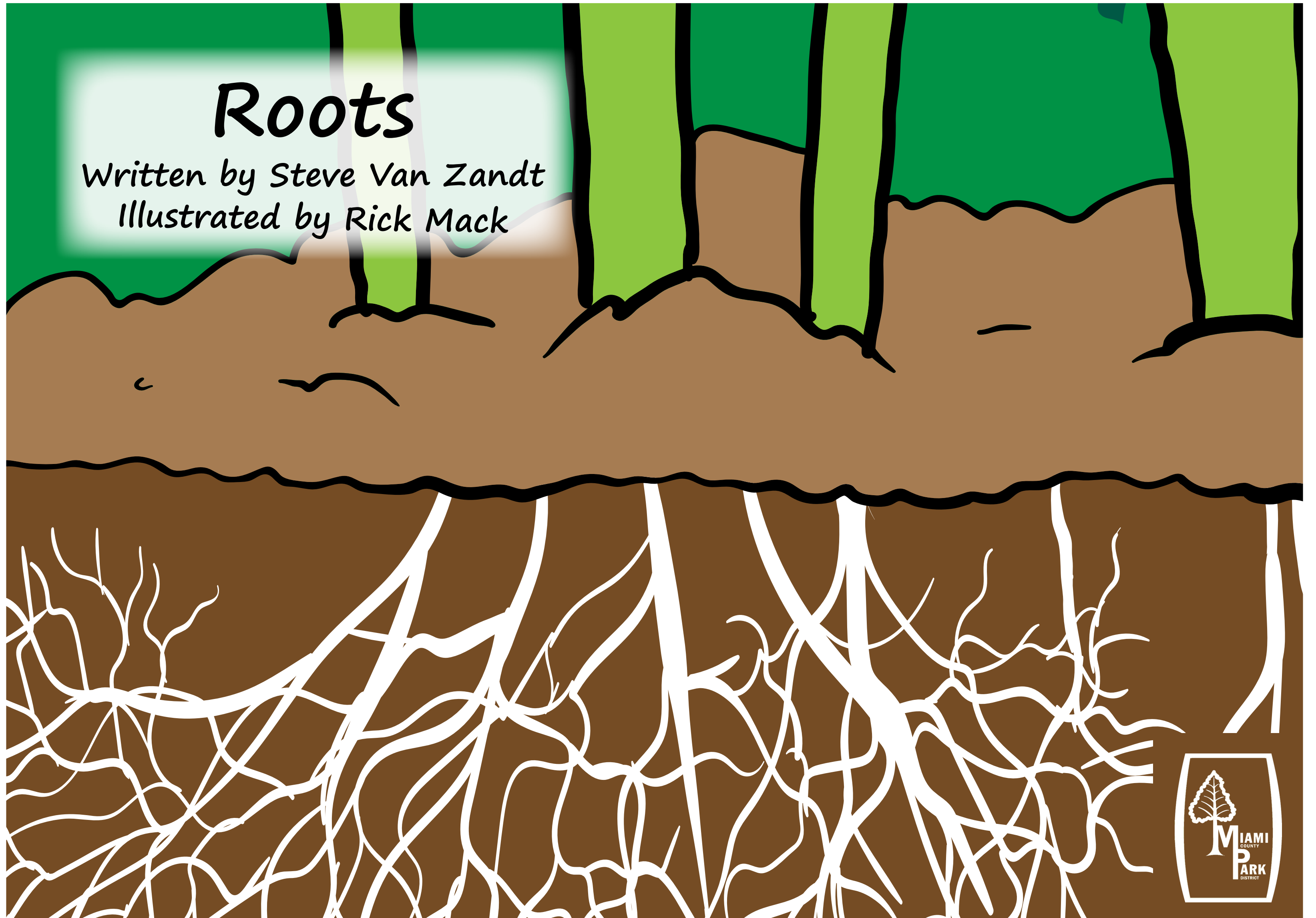


Roots

Written by Steve Van Zandt

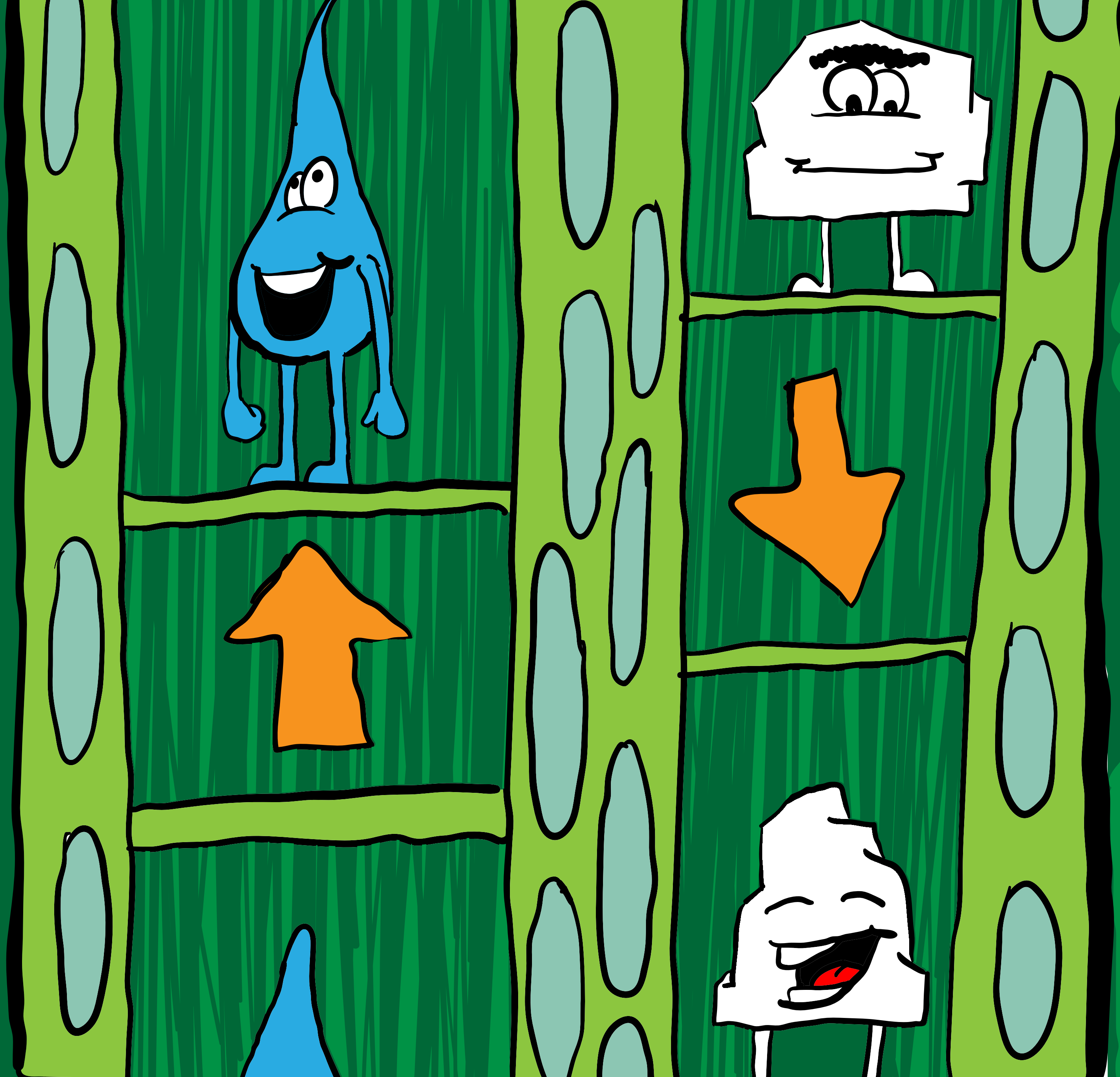
Illustrated by Rick Mack



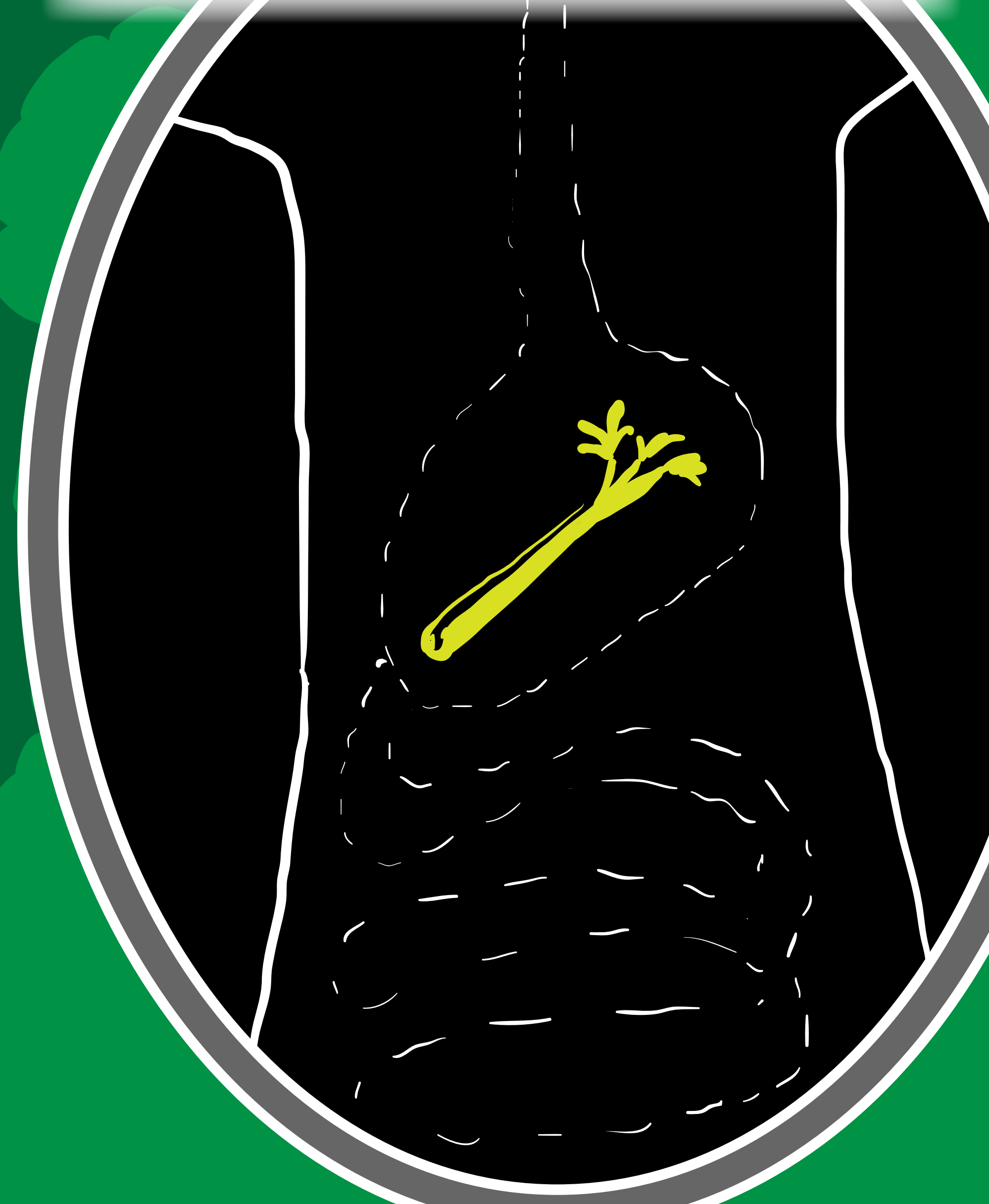
Book based on a song by the Banana Slug String Band

The roots hold the plant in the ground,
They gather up the water that falls around.
And there's a roof inside of me
Because a carrot is a root that I eat.
That's six parts, six parts, six parts that people need.

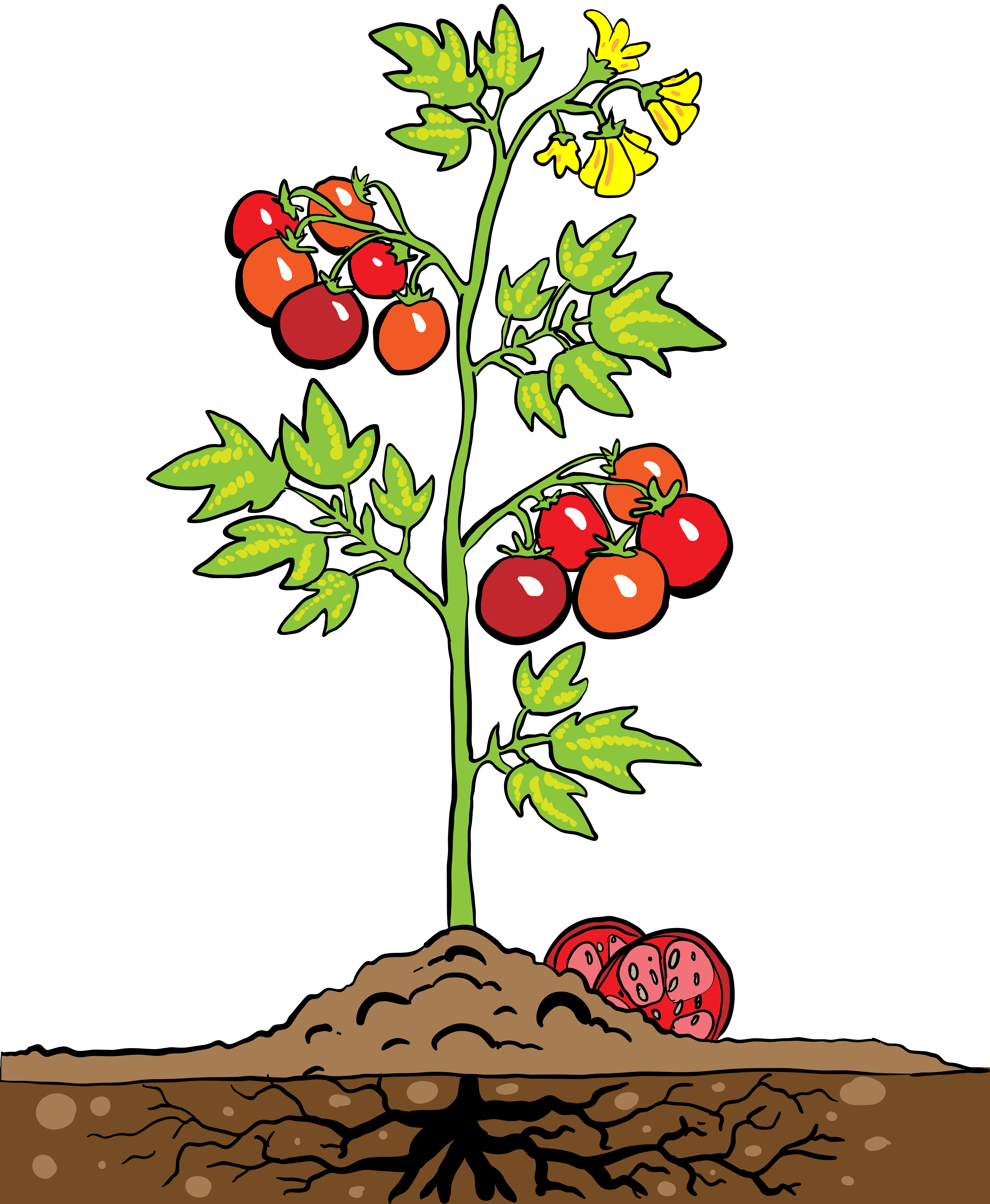




A stem is an elevator growing up from the ground,
The water goes up and the sugar, back down
And there's a stem inside of me
Because celery is a stem I eat.



Roots, stems, leaves, flowers, fruits, and seeds
Roots, stems, leaves, flowers, fruits, and seeds
Roots, stems, leaves, flowers, fruits, and seeds
Roots, stems, leaves, flowers, fruits, and seeds
That's six parts, six parts, six parts that people need.



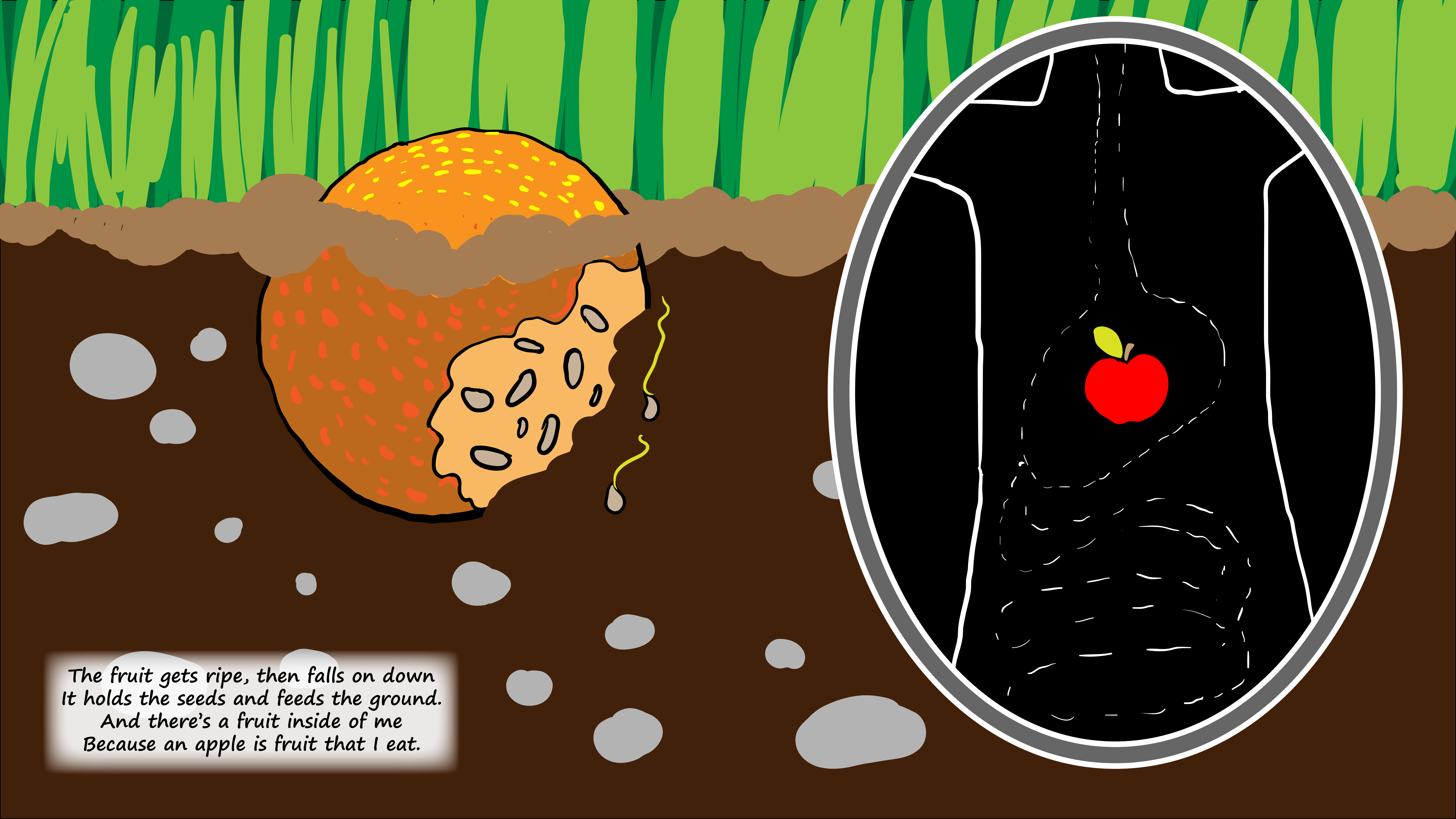


The leaves are the kitchens where the food is done
They breathe the air and catch rays from the sun.
And there's a leaf inside of me
Because lettuce is a leaf I eat.

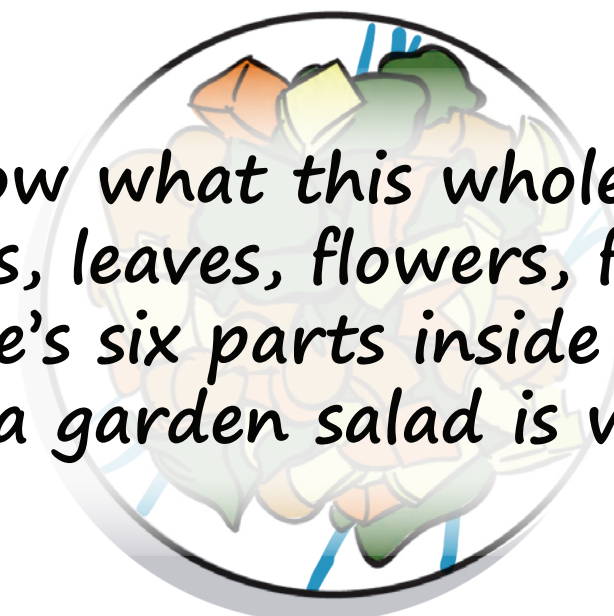
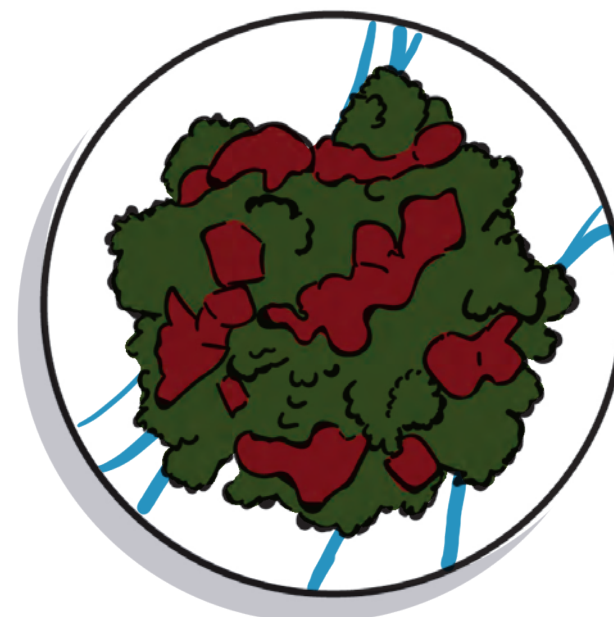
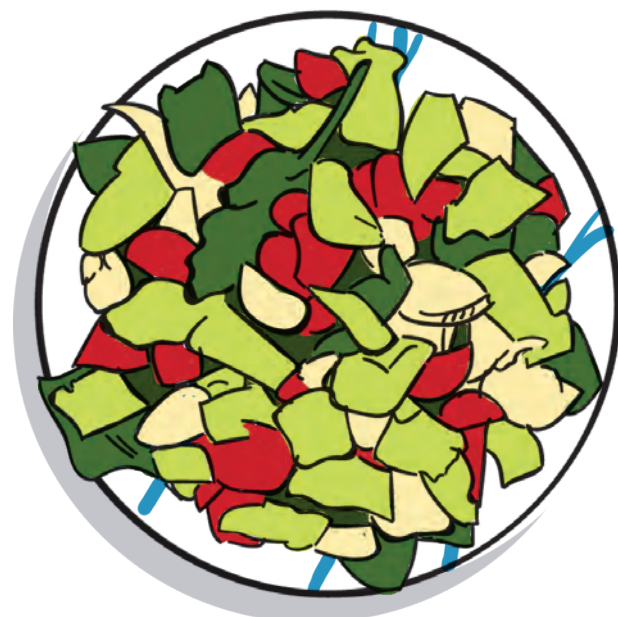
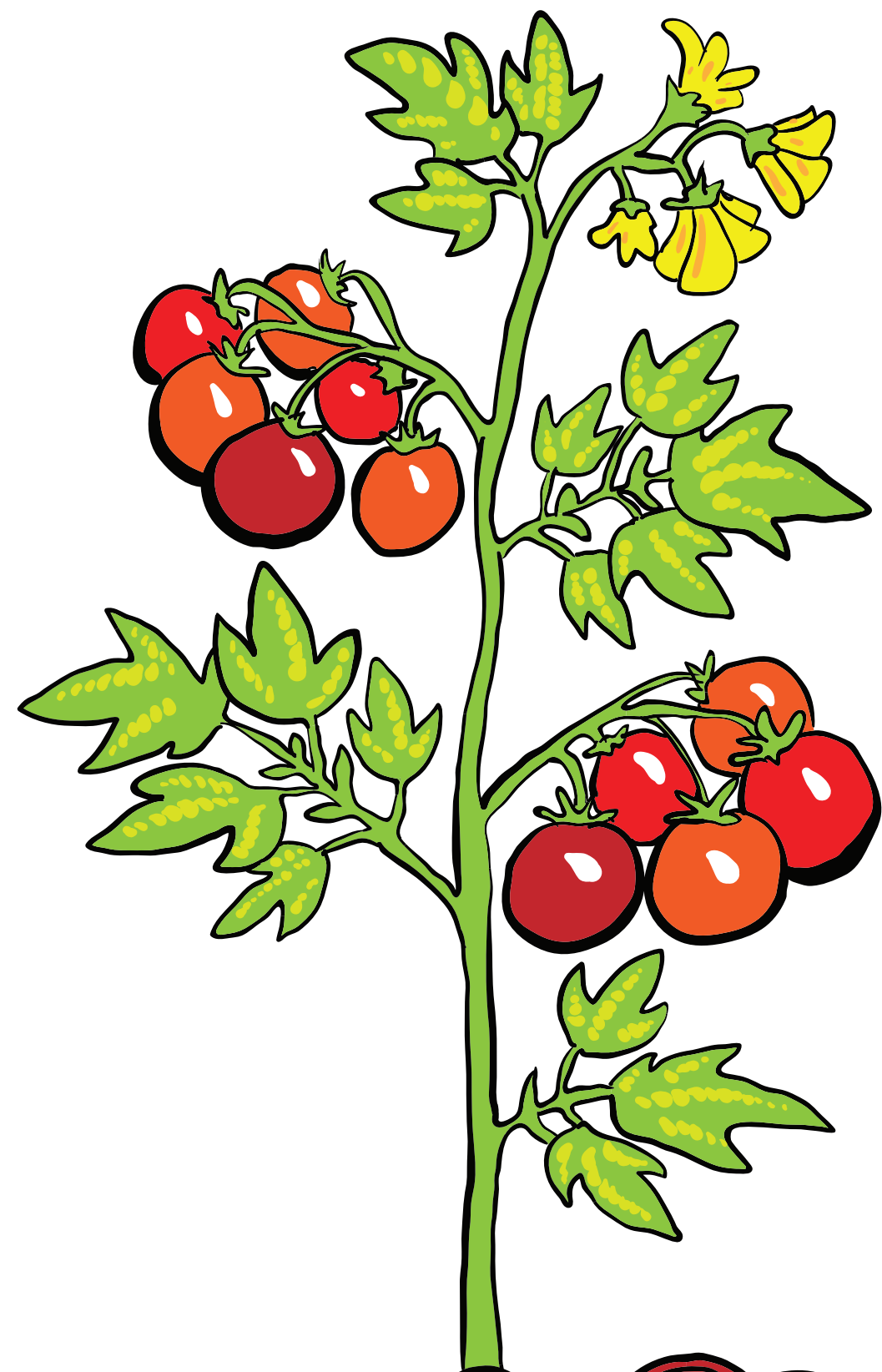


The flowers are dressed so colorfully,
They hold the pollen and attract the bees.
And there's a flower inside of me
Because cauliflower is a flower I eat.





The fruit gets ripe, then falls on down
It holds the seeds and feeds the ground.
And there's a fruit inside of me
Because an apple is fruit that I eat.



Now you know what this whole world needs,
It's roots, stems, leaves, flowers, fruits, and seeds.
There's six parts inside of me
Because a garden salad is what I eat.

